



Sterling Recreation Authority

Will be introducing a new
Yoga Class

Tuesdays 6:30 PM

Beginning: May 22nd thru June 26th

At the Jordan Center

Main Street, Sterling CT

If you are interested, please contact the Recreation Office for Registration. Forms will be online and at the Recreation Office.

This session is a no charge class!

You **Must** register for this class.

Call 860-564-2136

Email: reccdir@sterlingct.us