

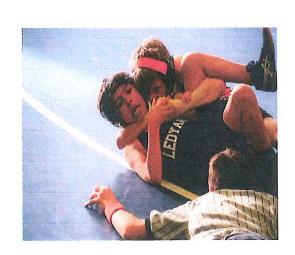
Predator Wrestling

Why Wrestle?

Wrestling doesn't discriminate. No matter your body type — height or weight — and gender, there is a place for you in wrestling. Weight classes ensure fairness amongst the competitors, so you're never too small or too big to participate. In wrestling you both compete as an individual and are part of a team.

Our Mission:

The goal of our club is to instill self confidence, discipline, and self reliance. This is not limited to the wrestling mat but in the classroom and beyond. Our Staff of coaches are nationally accredited and share a passion for the sport and are dedicated to the growth of our student- athletes.





Who: Ages 5 - 16

Where: 50 main St. (Senior Center)

When: 6pm to 7:30pm Monday and Wednesday

Cost: \$80 per quarter year

USA Wrestling Card: \$37 for competition Contact: Brad Beausoleil (860)-230-3174 or

Judy at Sterling Recreation

"If you aren't Predator, You're the Prey"