

Town of Sterling Recreation Department

2023 Fall Programs

Children's Programs

Friday Fun Nights September 22, October 13, November 17 and December 15. **FEE: \$10 per night**

Friday 6:30pm-9:00pm. This program is for grades K-8. Max number of children allowed is 30.

Each night is theme-based. Movies, crafts, games, contests and more along with a healthy snack component will take place at Fun Night. A schedule of events will be provided on the first night of the program. Pre-registration is required. Non-residents are welcome.



Youth Basketball Supervisor: Jessica Ledoux. November 15th thru February 17th. **FEE: \$65 for the season.**

Ages 6-8 will play on Wednesday nights beginning at 5:00 pm and Saturday mornings. Ages 9 and up will practice during the week (coaches choice and play games on Saturday mornings between 10 am and noon.

Christmas Vacation Camp Tuesday, December 26th – Friday, December 29th **FEE: \$75 pp/second child \$65**

This camp is available to children in grades K thru 8 and is limited to 40 children and includes: supervision, all admission fees, (1) a bowling trip, games, crafts, contests and more. Children must bring lunches snacks/drinks every day. Camp takes place from 9:00am to 4:00 p.m.

After the Bell This is an on-going program held every day afterschool until 6:00pm at the Sterling Municipal building. The cost is \$50 per week per child, or \$40 per child if two or more. Homework time, crafts, games, and organized play in the gymnasium will be part of the daily routine. Snack is included every day.

Adult Class

"Yoga" Instructor: Mary Silvestri. Tuesday's 6:00pm-7:00pm beginning October 3rd thru December 19th.

No class 11/7. After a hard day at work, heal your body through gentle movement and relaxation. Classes take place in the gymnasium at the Sterling Municipal building. Mat or pad is required. Yoga is a year-round program held in six-week intervals. FEE: \$5 per class or \$25 with advance payment for all six weeks. Walk-ins welcome.

Family Events (Free)



Halloween Party Saturday, October 28th 6:30pm sharp - 8:30pm at the Sterling Municipal Building. The party is designed for ages 2-10 yrs. Everyone is welcome. The night will be filled with music, games, a Trick or Treat Trail and a flashlight egg hunt. There will be treats for everyone! Put on your costume and come enjoy the fun. Children will need to bring a flashlight and candy bag. Registration is not required for this event.

Fall Family Bingo Friday, November 3rd 6:30pm-8:00pm

Join us for the 2nd Fall family bingo in the Sterling Recreation gymnasium. This is a free event, and all ages are welcome. An adult must accompany children. The first number will be called at 6:30pm and the last card will begin no later than 8:00pm. This is sure to be a fun filled evening with prizes and refreshments. There are NO money prizes. Registration is not required for this event.

Christmas in Sterling

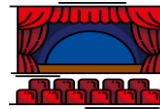
Saturday, December 2nd Take a trip with us to the Providence Performing Arts Center to see **How the Grinch Stole Christmas**. The bus will leave the Sterling Town Hall at 9:30am for the 11:00am show. Tickets are only \$40 and includes transportation. Seating is in the first dress balcony. Pre-registration is required.

Friday, December 8th Please join us for the 1st annual Christmas Tree Lighting and Festival of Trees. Santa will be arriving at 6:30pm to light the trees. There will be music, crafts and face painting. Light refreshments will be provided by the Recreation Department.

Tuesday, December 12th The Recreation building will be open from 6-7:30 for children to write a letter to Santa in a decorated room with music and simple craft. Light refreshments will be provided.

Friday, December 15th Friday Fun Night: Let's Have Some Holiday Fun. There will be cookie and stocking decorating along with a short Christmas movie with popcorn and hot chocolate.

Tuesday- Friday December 26th- 29th **Christmas Vacation Camp. Details are on the front.**



Winter Broadway Show (At the Providence Performing Arts Center)

Frozen: Friday, March 8th Tickets are only \$40 and includes transportation.

The bus will leave the Sterling Town Hall at 6pm sharp. Show time is 7:30pm.

Seating is in the first dress balcony. Pre-registration is required.

Registration begins on Monday, September 11th Registration forms are available on-line after 9/11 and can be delivered to the Recreation office in person along with full payment any day between 3-6pm or dropped off in our night drop box located outside of town hall.

For registration and information, please call the Recreation Office at [860-564-2904](tel:860-564-2904)

[or email: jlicciardi@sterlingct.us](mailto:jlicciardi@sterlingct.us)

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Cancellations

The Sterling Recreation Department has the right to cancel a program due to insufficient registration or any other cause that prevents the presentation of an activity in an acceptable manner.